WYOMING

MEDICINE

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What are other physicians saying and how do I apply?

OUR PROGRAM

What is the schedule and curriculum for the 2019-2020 year?

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What is the Wyoming Leaders in Medicine Physician Leadership Academy?

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BE POISED TO LEAD

The WMS Physician Leadership Academy - Wyoming Leaders in Medicine is an in-depth course designed to enhance the leadership skills of physicians. The program enables and empowers physicians to step into more significant roles of leadership in their personal and professional lives. Graduates will also attain the knowledge and opportunities necessary to influence Wyoming healthcare policy in a more intentional and strategic way.

IT'S THE RIGHT TIME

In the current healthcare landscape, physicians are facing immense challenges. It's difficult to increase the quality of care in an atmosphere of ever rising delivery costs and outside pressures. Professional collaboration and advocacy are essential to supporting patients, while heeding the needs of physicians. By helping physicians embrace executive and management positions, affording detailed insight and different perspectives into Wyoming's healthcare issues, we're providing them with the means to spearhead the development of effective solutions.

LET'S FOCUS ON WELLNESS

The Wyoming Leaders in Medicine initiative offers leadership development training and fosters dialogue with colleagues and experts on the challenges and opportunities of practicing medicine in an evolving environment. One of the greatest challenges facing today's physician leader is balancing the demands of their work with their own physical and mental well-being. In a 2019 study, it was estimated that 55% of physicians experience burnout and/or depression. This program combines the latest research in neurology with practical tools physicians can immediately deploy to maximize their physical and mental well-being and mitigate known burnout drivers for optimal performance. Participants repeatedly report developing friendships with fellow physicians in an environment that allows for meaningful connections and a rare opportunity to engage with peers where iron sharpens iron. Graduates of this program become re-engaged, re-energized and feel better equipped to manage the demands of leading within the house of medicine.







synchronizing solutions & igniting workplace performance

support and
scholarships are
available throughout
the state from
community and hospital
partners. The WY Chapter
of the American Academy
of Family Physicians also
provides scholarships for
members of the WAFP.

For more information please contact Sheila Bush at 307-635-2424 or sheila@wyomed.org

Graduates of the Wyoming Leaders in Medicine Physician Leadership Academy

2017-2018 CLASS

2018-2019 CLASS

David Armstrong, DO - Cheyenne Kristina Behringer, MD - Cheyenne JJ Chen, MD - Cheyenne Bradley Hanebrink, DO - Sheridan Paul Johnson, MD - Laramie Nathan Rieb, MD - Powell Erica Rinker, MD - Gillette Kris Schamber, MD - Sheridan Betsy Spomer, MD - Powell Dan Surdam, MD - Cheyenne Spencer Weston, MD - Evanston Steven Beer, MD - Cheyenne
Casey Berry, MD - Cheyenne
Douglas Edgren, MD - Cheyenne
Lisa Finkelstein, DO - Jackson
Sierra Gross, MD - Sheridan
Nahida Khan, MD - Gillette
John Paulus, DO - Cheyenne
David Fairbanks, MD - Sheridan
Brendan Fitzsimmons, MD - Pine Dale
Rene Hinkle, MD - Cheyenne
Rob Monger, MD - Cheyenne
Hallie Bischoff, DO - Thermopolis

The Wyoming Leaders in Medicine Physician Leadership Academy was founded in 2017 through the Wyoming Medical Society's Education Foundation with grant support from The Physicians Foundation. Together with our generous sponsors the program provides more than just enhanced leadership tools by facilitating and fostering a close-knit community of colleagues who can support and encourage each other through their practice and leadership journeys in Wyoming.

The Curriculum & Schedule for 2019-2020 **Customizing Your Growth Pre-Session Assessments** Summer 2019 **Emotional Intelligence** September 27-28 Jackson Hole **Influence of Outcomes** October 25-26 Lander **Team Engagement Strategies** November 22-23 Evanston **Thinking Strategically** January 24-25 Laramie **Advanced Critical Thinking** February 28-29 Cheyenne **Effective Transition & Change** March 20-21 Cody **Generations and Accountability** April 24-25 Sheridan



Discover Your "WHY"

"A fantastic program! I'm really pleased that I participated. I'm not typically one to get involved in this type of thing and was a bit out of my comfort zone. It is entirely worth it from gains in knwoledge of self, and the resources Wyoming has to offer, to the friendships and unique personal connections made."

~ Bill Edgren, MD, graduate of the 2018-2019 class





How Do I Apply?

Submit your application online at http://tinyurl.com/WLM19-20 no later than June 24, 2019. If you would prefer a paper application, please contact the WMS office at 307-635-2424 or email info@wyomed.org

Tuition costs are \$2,000 per applicant and do not include travel or lodging costs associated with participating in the program.

Applicants will be notified of their acceptance no later than July 15, 2019. Tuition for those who are accepted and commit to partipcate is due no later than July 31, 2019.

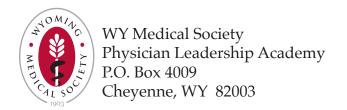
"I saw an opportunity to develop my leadership skills and came to the realization that those skills are largely learned with explicit training, just as we learn medicine. I learned a great amount about looking inward to identify necessary improvements and then putting my best self forward in all interactions for the benefit of others. It was a truly humbling experience and I gained some great friends in the process."

~Kris Schamber, MD, graduate of the 2017-2018 class "Learn to transform the culture of organizations by cultivating trust, compassion and accountability which will lead to understanding for self-care and work-life balance. Only then will we have 360 degrees of customer service for our patients that will lead to tangible outcomes for excellent human care in society.

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By participating in this course I feel I have achieved tools to make the above a reality."

~Nahida Khan, MD, graduate of the 2018-2019 class



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