

WYOMING

LEADERS

*in* MEDICINE

*Physician Participant Information*

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## 1 INTRODUCTION

What is the Wyoming Leaders in Medicine Physician Leadership Academy?

# SNELLNOG

## BE POISED TO LEAD

The WMS Physician Leadership Academy - Wyoming Leaders in Medicine is an in-depth course designed to enhance the leadership skills of physicians. The program enables and empowers physicians to step into more significant roles of leadership in their personal and professional lives. Graduates will also attain the knowledge and opportunities necessary to influence Wyoming healthcare policy in a more intentional and strategic way.

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## IT'S THE RIGHT TIME

In the current healthcare landscape, physicians are facing immense challenges. It's difficult to increase the quality of care in an atmosphere of ever rising delivery costs and outside pressures. Professional collaboration and advocacy are essential to supporting patients, while heeding the needs of physicians. By helping physicians embrace executive and management positions, affording detailed insight and different perspectives into Wyoming's healthcare issues, we're providing them with the means to spearhead the development of effective solutions.

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## LET'S FOCUS ON WELLNESS

The Wyoming Leaders in Medicine initiative offers leadership development training and fosters dialogue with colleagues and experts on the challenges and opportunities of practicing medicine in an evolving environment. One of the greatest challenges facing today's physician leader is balancing the demands of their work with their own physical and mental well-being. In a 2019 study, it was estimated that 55% of physicians experience burnout and/or depression. This program combines the latest research in neurology with practical tools physicians can immediately deploy to maximize their physical and mental well-being and mitigate known burnout drivers for optimal performance. Participants repeatedly report developing friendships with fellow physicians in an environment that allows for meaningful connections and a rare opportunity to engage with peers where iron sharpens iron. Graduates of this program become re-engaged, re-energized and feel better equipped to manage the demands of leading within the house of medicine.



Wyoming  
**LEADERS** IN  
**MEDICINE**  
 Physician Leadership Academy



Financial support and scholarships are available throughout the state from community and hospital partners. The WY Chapter of the American Academy of Family Physicians also provides scholarships for members of the WAFP.

For more information please contact Sheila Bush at 307-635-2424 or [sheila@wyomed.org](mailto:sheila@wyomed.org)

**Graduates of the Wyoming Leaders in Medicine  
 Physician Leadership Academy**

**2017-2018 CLASS**

- David Armstrong, DO - Cheyenne*
- Kristina Behringer, MD - Cheyenne*
- JJ Chen, MD - Cheyenne*
- Bradley Hanebrink, DO - Sheridan*
- Paul Johnson, MD - Laramie*
- Nathan Rieb, MD - Powell*
- Erica Rinker, MD - Gillette*
- Kris Schamber, MD - Sheridan*
- Betsy Spomer, MD - Powell*
- Dan Surdam, MD - Cheyenne*
- Spencer Weston, MD - Evanston*

**2018-2019 CLASS**

- Steven Beer, MD - Cheyenne*
- Casey Berry, MD - Cheyenne*
- Douglas Edgren, MD - Cheyenne*
- Lisa Finkelstein, DO - Jackson*
- Sierra Gross, MD - Sheridan*
- Nahida Khan, MD - Gillette*
- John Paulus, DO - Cheyenne*
- David Fairbanks, MD - Sheridan*
- Brendan Fitzsimmons, MD - Pinedale*
- Rene Hinkle, MD - Cheyenne*
- Rob Monger, MD - Cheyenne*
- Hallie Bischoff, DO - Thermopolis*

**2019-2020 CLASS**

- Giovannina Anthony, MD - Jackson*
- Tracie Caller, MD - Cheyenne*
- Deeanne Engle, MD - Douglas*
- Raoul Joubran, MD - Casper*
- Donald Kirk, MD - Star Valley*
- Melinda Poyer, DO - Rock Springs*
- Hollie Stewart, MD - Gillette*
- Kristy Van Kirk, MD - Cheyenne*
- Heith Waddell, MD - Sundance*

The Wyoming Leaders in Medicine Physician Leadership Academy was founded in 2017 through the Wyoming Medical Society's Education Foundation with grant support from The Physicians Foundation. Together with our generous sponsors the program provides more than just enhanced leadership tools by facilitating and fostering a close-knit community of colleagues who can support and encourage each other through their practice and leadership journeys in Wyoming.

OUR PROGRAM

## The Curriculum & Schedule for 2020-2021

Summer 2020	<b>Customizing Your Growth</b> Pre-Session Assessments
<b>1</b> Jackson Hole	<b>Emotional Intelligence</b> September 11-12
<b>2</b> Online	<b>Influence of Outcomes</b> October 9-10
<b>3</b> TBD	<b>Team Engagement Strategies</b> November 13-14
<b>4</b> Online	<b>Thinking Strategically</b> January 8-9
<b>5</b> Cheyenne	<b>Advanced Critical Thinking</b> February 12-13
<b>6</b> Online	<b>Effective Transition &amp; Change</b> March 19-20
<b>7</b> Park City	<b>Generations and Accountability</b> April 23-24

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# Discover Your "WHY"

"The WLM program creates a beautiful space of comraderie and safety to relate with and find support in fellow physicians and physicians advocates. The leadership modules are important, but more so are the connections with like-minded people who truly care for your wellbeing, both as a professional and an individual."

~ Hollie Stewart, MD,  
graduate of the  
2019-2020 class



## How Do I Apply?

Submit your application online at <https://www.surveymonkey.com/r/T7XHLMQ> no later than **July 31, 2020**. If you would prefer a paper application, please contact the WMS office at 307-635-2424 or email [info@wyomed.org](mailto:info@wyomed.org)

Tuition costs are \$2,000 per applicant and do not include travel or lodging costs associated with participating in the program.

Applicants will be notified of their acceptance no later than **August 14, 2020**. Tuition for those who are accepted and commit to participate is due no later than **September 4, 2020**.

"I saw an opportunity to develop my leadership skills and came to the realization that those skills are largely learned with explicit training, just as we learn medicine. I learned a great amount about looking inward to identify necessary improvements and then putting my best self forward in all interactions for the benefit of others. It was a truly humbling experience and I gained some great friends in the process."

*~Kris Schamber, MD,  
graduate of the  
2017-2018 class*

"Learn to transform the culture of organizations by cultivating trust, compassion and accountability which will lead to understanding for self-care and work-life balance. Only then will we have 360 degrees of customer service for our patients that will lead to tangible outcomes for excellent human care in society."

By participating in this course I feel I have achieved tools to make the above a reality."

*~Nahida Khan, MD,  
graduate of the  
2018-2019 class*





WY Medical Society  
Physician Leadership Academy  
P.O. Box 4009  
Cheyenne, WY 82003

Bulk  
Mail  
Permit  
No.

Wyoming

LEADERS IN  
MEDICINE



Physician Leadership Academy