

## Kristopher C. Schamber, MD, MS, FACP

Medicine Department Chair  
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Clinical Instructor  
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### 1. PERSONAL DATA

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- Legal Name: Kristopher Cody Schamber
- Born: Riverton, Wyoming
- Citizenship: USA

### 2. EDUCATION

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- Doctor of Medicine, 2011  
University of Washington School of Medicine / Seattle, Washington
- Master of Science in Neuroscience, 2007  
University of Wyoming / Laramie, Wyoming
- Bachelor of Science in Medical Microbiology, 2005  
University of Wyoming / Laramie, Wyoming
- Associate of Science, 2003  
Western Wyoming Community College/ Rock Springs, Wyoming

### 3. POSTGRADUATE TRAINING

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- June 2011 – June 2014: University of Washington – Boise  
Internal Medicine Residency

#### 4. FACULTY POSITIONS HELD

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- June 2014 – June 2015: Chief Medical Resident  
University of Washington – Boise  
Internal Medicine Residency
- Sept. 2019 – Present: Clinical Instructor  
University of Washington School of Medicine

#### 5. HOSPITAL POSITIONS HELD

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- Jan. 2019 – Present: Chief of Medicine  
Sheridan Memorial Hospital
- Nov. 2016 – Present: Medical Director  
Home Health & Hospice  
Sheridan Memorial Hospital
- Nov. 2015 – Present: Pharmacy & Therapeutics Committee Chair  
Sheridan Memorial Hospital

#### 6. CURRENT EMPLOYMENT

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- August 2015 – Present: Staff Physician  
Sheridan Memorial Hospital Internal Medicine

#### 7. HONORS

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- Wyoming Leaders In Medicine Physician Leadership Academy participant  
Sept. 2017 – May 2018
- David Hindson Award, May 2013
- House Officer of the Week, Puget Sound VAMC, February 2013
- House Officer of the Month, Boise VAMC, September 2012
- Wyoming Medical Society Centennial Scholarship, 2009

- Graduated with Honors, Bachelor of Science, University of Wyoming, 2005

## 8. BOARD CERTIFICATION

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- American Board of Internal Medicine. October 6, 2014

## 9. CURRENT LICENSE

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- Wyoming. July 1, 2014

## 10. PROFESSIONAL ORGANIZATIONS

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- American College of Physicians
- Wyoming Medical Society
  - June 2019 – Present: Board Secretary & Treasurer
  - July 2017 – Present: Board Member, Sheridan County
  - Oct. 2016 – July 2017: Board Member Alternate, Sheridan County
  - Aug. 2007 – Present: Member, Medical Student & Resident

## 11. TEACHING RESPONSIBILITIES

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### Present

- August 2015 – Present:
  - Clinical Instructor, Internal Medicine Clerkship
  - University of Washington School of Medicine, WWAMI program
  - Approximately 3 weeks per year
- August 2015 – Present:
  - Clinical Instructor, Internal Medicine Rural Rotation
  - Billings Clinic Internal Medicine Residency
  - Approximately 3 weeks per year

### Past

- July 2014 – June 2015:
  - Ambulatory Morning Report
  - Developed and implemented as Chief Resident
  - University of Washington – Boise Internal

## Medicine Residency

- July 2014 – June 2015:
  - Evidence-Based Medicine Conference
  - Developed and implemented as Chief Resident
  - University of Washington – Boise Internal Medicine Residency

**12. EDITORIAL RESPONSIBILITIES - NONE**

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**13. SPECIAL NATIONAL RESPONSIBILITIES - NONE**

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**14. SPECIAL LOCAL RESPONSIBILITIES**

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**Present**

- Sept. 2019 – Present: **Sheridan Community Care Team**
  - A multidisciplinary care team of community members developed to identify and connect at-risk community members with needed services.
  - Founding and current member
  - The Hub on Smith, Sheridan, Wyoming
- March 2019 – Present: **Doc Talk**
  - A local community education series at The Hub (local senior center)
  - Developed series and present lectures quarterly
  - The Hub on Smith, Sheridan, Wyoming
- May 2018 – Present: **Participation in Lean quality improvement initiatives**  
Sheridan Memorial Hospital, Sheridan, Wyoming
- Oct. 2016 – April 2020: **Dementia Friendly Communities – Wyoming**
  - A three-years long community wide effort aimed at educating the community, coordinating services for patients and family members, developing special programs, and improving medical community awareness and dementia care
  - Medical Liaison
  - The Hub on Smith, Sheridan, Wyoming

- June 2016 – Present:

**Sheridan Health Center**

- A local underserved medical clinic
- Medical Director and Board Member
- Sheridan, Wyoming

**Past**

- Sept. 2013 – June 2015: Resident Representative to the Boise Veterans Affairs Center of Excellence in Primary Care Education Curriculum Committee member
- July 2011 – June 2015: Curriculum Committee member  
UW Boise Internal Medicine Residency
- July 2011 – June 2015: Recruitment Committee member  
UW Boise Internal Medicine Residency
- Sept. 2011 – June 2014: Terry Reilly Health Service  
Volunteer clinician as a supervised resident
- July 2011 – June 2014: Resident Representative to the Idaho Chapter of the ACP
- Aug. 2007 – May 2008: Medical Student Representative to the Wyoming Medical Society
- June 2005 – May 2007: UW Graduate representative to the Front Range Neuroscience Group
- June 2006 – June 2007: UW Neuroscience/Physiology Club President
- Sept. 2005 – May 2007: Big Brothers Big Sisters of Wyoming  
Volunteer Big Brother
- June 2005 – June 2006: UW Neuroscience/Physiology Club Vice President
- Aug. 2004 – May 2005: Undergraduate NSF- EPSCoR Research Fellowship, University of Wyoming
- Aug. 2004 – May 2005: UW Undergraduate representative to the Front Range Neuroscience Group

## 15. RESEARCH FUNDING - NONE

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## 16. BIBLIOGRAPHY

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- a) Publications in referenced journals - None
- b) Book chapters - None
- c) Published books, videos, software, etc. - None
- d) Other publications - None
- e) Submitted Manuscripts
  - a. Schamber, K. THESIS: Tachykinin NK3R protein levels in the PVN of rats following an osmotic challenge. May 2011. Advisors: Bruce W. Culver & Francis W. Flynn.
- f) Abstracts - None

## 17. ACP Activities

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- Wyoming Chapter Meeting, October 2018, Laramie, Wyoming
- ACP Annual Conference, March 2017, San Diego, California

## 18. OTHER: LECTURES, PRESENTATIONS, NEWSPAPER ARTICLES

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### Recent

- *Community Lecture*. Schamber, K. COVID-19 Updates. Doc Talk, The Hub on Smith via Zoom. Sheridan, Wyoming. 16 March 2021
- *Community Lecture*. Schamber, K. Diabetes Mellitus. Doc Talk, The Hub on Smith. Sheridan, Wyoming. 21 January 2021
- *YouTube Educational Video*. Schamber, K. Fall No More: What you need to know about decreasing your risk for falling. <https://www.youtube.com/watch?v=yO13k1wP-kI&t=4s>
- AARP Tele Town Hall. Schamber, K and Gross, S. COVID19 Q&A. 14 May 2020
- *Newspaper Article*. Schamber, K. It's Okay To Call Your Doctor. Health Watch, Sheridan Press. Sheridan, Wyoming. 20 January 2020

- *Community Lecture*. Schamber, K and Prior, C. It's Okay To Call Your Doctor. Doc Talk, The Hub on Smith. Sheridan, Wyoming. 16 January 2020
- *Newspaper Article*. Schamber, K. Transitioning into a New Home. Health Watch, Sheridan Press. Sheridan, Wyoming. 28 October 2019
- *Community Lecture*. Schamber, K. Transitions of Care: Hospice, Nursing Home, and others. Doc Talk, The Hub on Smith. Sheridan, Wyoming. 23 September 2019
- *Community Lecture*. Schamber, K and Sherwood, C. Advanced Care Planning. Doc Talk, The Hub on Smith. Sheridan, Wyoming. 26 June 2019
- *Newspaper Article*. Schamber, K. Preparing for Your Office Visit. Health Watch, Sheridan Press. Sheridan, Wyoming. 20 April 2019
- *Community Lecture*. Schamber, K. Preparing for Your Office Visit. Doc Talk, The Hub on Smith. Sheridan, Wyoming. 27 March 2019
- *Newspaper Article*. Schamber, K. What Is Hospice Care? Health Watch, Sheridan Press. Sheridan, Wyoming. 24 June 2017
- *Conference Lecture*. Schamber, K. Acute Liver Failure. Wyoming Association of Physicians Assistants Annual Meeting. Sheridan, Wyoming. 15 July 2016
- *Grand Rounds*. Schamber, K. Pesky Pascal. Sheridan Memorial Hospital. Sheridan, Wyoming. 29 June 2016
- *Newspaper Article*. Schamber, K. Understanding Dementia. Health Watch, Sheridan Press. Sheridan, Wyoming. 20 February 2016

## Past

- *Medical Student Lecture*. Schamber, K. HIV & AIDS. University of Washington, Internal Medicine Clerkship. Boise, Idaho. 25 February 2015
- *Conference Lecture*. Powers B, Schamber K. Update in Ambulatory Medicine. 39<sup>th</sup> Annual Hindson Winter Conference. McCall, Idaho. 16 January 2015
- *Resident Lecture*. Schamber, K. Acute Liver Failure. Noon Conference, UW-Boise Internal Medicine Residency. Boise, Idaho. 6 January 2015

- *Resident Lecture.* Schamber, K. Acute Liver Failure. Noon Conference, UW-Boise Internal Medicine Residency. Boise, Idaho. 20 October 2014
- *Medical Student Lecture.* Schamber, K. HIV & AIDS. University of Washington, Internal Medicine Clerkship. Boise, Idaho. 12 August 2014
- *Resident Lecture.* Schamber, K. Bug Off! A discussion on sweet tick-borne infections. Noon Conference, UW-Boise Internal Medicine Residency. Boise, Idaho. 17 June 2014
- *Resident Lecture.* Schamber, K. Chronic Kidney Disease. Noon Conference, UW-Boise Internal Medicine Residency. Boise, Idaho. 7 July 2013
- *Grand Rounds Presentation.* Orchard, D., Schamber, K., Thirumalai, A. Readmission Rates at the Boise Veterans Affairs Medical Center, A Descriptive Study and Application of a Risk Calculator. Grand Rounds, UW-Boise Internal Medicine Residency. Boise, Idaho. 20 June 2013
- *Oral Presentation.* Schamber, K. Use of Azithromycin and Death from Cardiovascular Causes. Noon Conference (Journal Club), UW-Boise Internal Medicine Residency. Boise, Idaho. 7 June 2013
- *Poster Presentation.* Schamber, K. A Rare Pulmonary Disease Presenting with Severe Neck Pain. Northwest SGIM Regional Meeting. Portland, Oregon. 1 February 2013
- *Poster Presentation.* Schamber, K. Vasculitis – A Deadly Case of Multi-Organ Failure. Northwest SGIM Regional Meeting. Portland, Oregon. 1 February 2013
- *Conference Presentation.* Schamber, K. An Unusual Pain in the Neck. 36<sup>th</sup> Annual Hindson Winter Conference. McCall, Idaho. 19 January 2013
- *Poster Presentation.* Schamber, K. Vasculitis – A Deadly Case of Multi-Organ Failure. 36<sup>th</sup> Annual Hindson Winter Conference & Annual Idaho ACP Meeting. McCall, Idaho. 18 January 2013
- *Resident Lecture.* Schamber, K. Acute Liver Failure. Noon Conference, UW-Boise Internal Medicine Residency. Boise, Idaho. 19 July 2012
- *Grand Rounds Presentation.* Schamber, K., Orchard, D., Thirumalai, A. Does Adhering To Recommended Follow-up After Hospitalization Influence Readmission or ED Visits Among Boise VA Patients?. Grand Rounds, UW-Boise Internal Medicine Residency. Boise, Idaho. 24 May 2012



- *Resident Lecture.* Schamber, K. AKI: Pre-renal azotemia, ATN, AIN, or something else. Noon Conference, UW-Boise Internal Medicine Residency. Boise, Idaho. 9 January 2012
- *Poster Presentation.* Schamber, K., Lang, A., Flynn, F. Neurokinin B transcript in the paraventricular nucleus of the hypothalamus is modulated by hyperosmolarity in rats. Society for Neuroscience Annual Conference. Atlanta, Georgia. 12-16 October 2006
- *Oral Presentation.* Schamber, K. Localization of Neurokinin B in the Rat Brain. Undergraduate Research Day. Laramie, Wyoming. 23 April 2005
- *Poster Presentation.* Schamber, K., Lang, A., Flynn, F. Neurokinin B transcript in the paraventricular nucleus of the hypothalamus is modulated by hyperosmolarity in rats. Front Range Neuroscience Group Annual Meeting. Fort Collins, Colorado. 7 December 2005.
- *Poster Presentation.* Schamber, K., Lang, A., Flynn, F. Neurokinin B transcript in the paraventricular nucleus of the hypothalamus is modulated by hyperosmolarity in rats. Society for Neuroscience Annual Conference. Washington D.C. 16 November 2005.
- *Poster Presentation.* Schamber, K., Lang, A., Flynn, F. Localization of Neurokinin B in the Paraventricular Nucleus of the Hypothalamus. Front Range Neuroscience Group Annual Meeting. 30 November 2004.