

I am fanatical about incentivizing physicians to become more civically engaged. My passion is to catalyze an awakening of community stewards who inspire each other and ignite a chain reaction to cultivate ever-growing public participation. Albeit aspiring to public office is not necessarily a moral imperative, I have the conviction that we are all self-obligated to play a role in the constant improvement of processes and infrastructure of our local communities.

I motivate fellow physicians at my hospital not only to take the best possible care of their patients, but also to become actively involved on the board of directors of any number of local organizations that benefit from fresh perspectives to solve current challenges. Moreover, as a psychiatrist, I am devoted to inspiring a renaissance of rationally-minded individuals to aspire for greater collective action to solve some basic problems fundamental to the very survival of the human species.

Particularly, in an era of ever-increasing budget cuts, mental health is constantly deprioritized and communities are consequently tasked with creative opportunities to prevent further loss of happiness and life. I am therefore called to seek opportunities to foster greater utilization of scarce resources to maintain healthy, happy, and well-nourished minds.

Community trusteeship and partnership at the grass-roots level is necessary to achieve practical solutions to housing the homeless, feeding the food-insecure, and providing medical and mental health care to the uninsured and those unable to afford it. On the behavioral health inpatient unit I serve, my team and I aspire to teach our clients how to fish, so to speak, so that the chances of their needing repeated hospitalization are increasingly minimized. As a psychiatrist, I aspire to find the spark that ignites the furnace in all of us to become our very best selves.