

worked up to 90 hours a week, seeing patients in the hospital, his office and the nursing home.

He stopped handling obstetrics in 2003, admitting that was sad for about a week. “But it’s such an interrupting, grinding life. You get called Sunday night, and you’re up all night Sunday night. Then on Monday, you start seeing people and following up.”

Now Dr. Naramore’s days are a lot easier, but they are still pretty demanding.

“I just knew I had to slow down,” Dr. Naramore said, explaining he has slowly shifted his practice. He now works more manageable hours, about 7:30 a.m. to 5:30 p.m. each day, seeing his patients in the office.

Over his career, Dr. Naramore has stood out as a leader in medicine. He has served as the president of the Campbell County Medical Society, on the Physician Advisory Council to the Wyoming Board of Medicine and was a board member for the Campbell County Health Care Foundation.

Over the last 40 years, Dr. Naramore has been very involved with Campbell County Memorial Hospital’s patient care and committees. He has served as chief of staff, chief of the Family Medicine Department and chief of the Department of Medicine. He also served as medical director at Pioneer Manor Nursing Home for 21 years.

Training the next generation is important to Dr. Naramore. After all, Dr. Hannum had a huge impact on his own career, he explained.

Dr. Naramore has been actively involved in teaching and

whole patient and listen to them to know better what they need,” he said.

“They may be thinking about something else like their divorce, which turns into a medical problem, or their finances. Life has a lot of other things that affect people’s medical care.”

Outside his medical practice, Dr. Naramore has served his community in many ways. He has participated in the Gillette Area Leadership Institute, served on the board of directors of the Campbell County Chamber of Commerce and served as president of the Razor City Toastmasters. He has also served his church as an elder, deacon, worship leader and Sunday school teacher.

“Life is so huge,” Dr. Naramore reflected. “I just want to make a difference and help patients live and figure out what is important to them.”

Dr. Naramore strives to do more to help others. He has traveled to El Salvador, Ukraine and Ecuador to participate in medical mission trips. He would like to take more medical missionary work, but his patients in his practice come first, he explained.

As for how his career turned out, Dr. Naramore gives full credit to his wife of 48 years, Karen, for allowing him to pursue his dreams of caring for patients.

“I appreciate her. You can dance along in life, but it is your partner who helps you do it.” 

“It’s important to look at the whole patient and listen to them to know better what they need.”

DR. JAMES NARAMORE

encouraging others to pursue their passion in medical fields, including allowing curious high school and college students to shadow him.

He has served as an instructor for emergency medical technician courses and the Department of Human Medicine at the University of Wyoming Family Practice residency, as a preceptor for the Creighton University School of Medicine, and a preceptor for the physician assistant training program for both Creighton University and the University of Washington.

The biggest piece of advice Dr. Naramore gives students is to get to know the patients. “It’s important to look at the



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