University of Wyoming Family Medicine Resident Profiles

There are two University of Wyoming Family Medicine residency programs in Wyoming, one in Cheyenne and one in Casper. Below are profiles of the current third-year residents who will be graduating in June 2018.

Wyoming Medicine Questions

- 1. Where are you from originally and where did you attend medical school?
- 2. What made you consider Wyoming for your residency?
- 3. What makes Wyoming a unique place to practice?
- 4. If you were recruiting medical students to UW Family Medicine Residency Program in Casper, what would you tell them?
- 5. What are your plans for practice after graduation? Are you interested in practicing in Wyoming?

Katrina Quick, MD Casper, Wyoming

- 1. Born in Boston but grew up overseas in Pakistan, Kenya, France and Switzerland before returning to the greater Boston area at age 16. Attended American University of the Caribbean, on the Caribbean island of St Maartin.
- **2.** I have always wanted to practice rural, underserved medicine and discovered the Casper program while looking for full spectrum Family Medicine rotations in medschool. While rotating in Casper for an audition rotation I was particularly attracted to the area because of the outdoor opportunities and adventures as well as the frontier medicine practiced on a daily basis.
- **3.** The small, close knit community and people of Wyoming is what makes it a unique place to work. Wyoming medical center in particular provides a cohesive, supportive working environment where physicians, nurses, and axillary staff have the same shared mission to provide the best patient care possible, and where residents are treated with mutual respect.
- 4. The Casper program is well suited for independent learners who are proactive about their learning experiences and embrace learning opportunities at every turn.
- **5.** I plan to practice full spectrum, rural family medicine with obstetrics and hope to pursue a fellowship that will further enable me to do so confidently.

Nina Panasuk, DO Casper, Wyoming

- **1.** I attended medical school at the Rocky Vista University College of Osteopathic Medicine after living in Montana for most of my life.
- 2. The residency in Casper is close to Montana.
- 3. Wide open spaces, rural communities and friendly people.
- 4. The program is great with wonderful staff and faculty.
- 5. I will be the newest hospitalist at a clinic in Billings, Montana.





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Brian Melville, DO Casper, Wyoming

- **1.** Most of my family lives in Utah, but I've lived a lot of places. I attended Lake Erie College of Osteopathic Medicine in Erie, Pennsylvania.
- **2.** Wyoming is not far from my family in Utah. I also lived in Wyoming previously, and I loved the area.
- **3.** There is plenty of space and outdoor activities.
- **4.** Our residency affords the opportunity to train in full-spectrum Family Medicine which prepares a new graduate to practice with a larger scope than many other residency programs. It's a good pick for those who are up for a challenge and want to do everything.
- 5. I am open to practicing in Wyoming or practicing closer to family in Utah. My plans are not definite at this time.

Kody Seeley, DO Casper, Wyoming

- **1.** I am from Colorado and went to medical school at the Western University of Health Sciences College of Osteopathic Medicine of the Pacific.
- 2. I wanted training in full spectrum rural family medicine.
- **3.** The patient population and variety of opportunities for family medicine trained physicians.
- **4.** The Casper residency program will give you the tools to learn full spectrum family medicine in rural America.
- 5. Outpatient rural family medicine and low risk obstetrics.



Kim Whitaker, MD Casper, Wyoming

- 1. I am from Toronto, and I attended SABA University School of Medicine.
- **2.** Wyoming has so many great outdoor activities and amazing people. I also liked the strong full-spectrum medical training available at the Casper residency program.
- **3.** Rural training and Wyoming Medical Center in Casper is one of the largest hospitals in the state, which gives us a lot of clinical exposure during residency.
- 4. Wyoming is gorgeous and there is great camaraderie among staff and residents.
- 5. I will be practicing in Hood River, Oregon.





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Phil Carron, MD Cheyenne, Wyoming

- I was born on Francis E. Warren Air Force Base in Cheyenne, but grew up outside of Washington D.C., in the northern Virginia suburbs. I graduated from St. George's University in 2015.
- **2.** UWFMR is a program that focuses on being an "all-around" type physician. It offered a unique suburban/rural type setting that I was looking for because it reflected the type of environment I see myself practicing within in the future.



4. UWFMR-Cheyenne is a program that allows for a lot of hand-on experience including obstetrics. It is an unopposed program that increases your direct

exposure to ancillary services such as surgery, cardiology, etc. It is a smaller community which allows for personal relationships with other specialties. We also rotate at Children's Hospital of Colorado (Anschutz Campus) which is a wonderful experience as it is in the Nation's Top 5 Children's Hospitals.

5. Unfortunately I do not plan on practicing in Wyoming. I am planning to move back east to the Manhattan area and work within urgent care/emergency medicine settings.

Kathlene R. Mondanaro PhD, DO Cheyenne, Wyoming

- 1. I was born in southwestern Connecticut, and lived in both Connecticut and New York while growing up. I generally say that I am from the New York City area since I moved around a bit.
- 2. When I applied to residency, UWFM-Cheyenne had a group of residents with a broad range of ages, life experience and international work, education or living experience. Those were important to me. I also wanted to be very broadly trained and UWFM provided that opportunity; there was a strong emphasis on OB, surgery and procedures training when I applied. Because I wasn't sure exactly what I wanted to do in primary care, I wanted to fulfill UWFM's motto of "Best All Around" so my future choices would not be limited.



- **3.** I only know the Cheyenne area. We have a great medical community here with solid, broadly trained primary care physicians, and relatively convenient access to outstanding specialists. We also have good working relationships with physicians in the Denver-based tertiary care centers. Many people consider that the best of both worlds. Even though I think of myself as a city girl, I LOVE the easy commutes with no traffic here! That way I can spend my very limited time off living my life, rather than spending it in a car. I enjoy outdoor activities. We have easy access to great hiking, cycling and running trails. The persistent wind is definitely a unique experience.
- 4. See the above answers. If those appeal to you, then UWFM Cheyenne might be a good program to consider.
- **5.** I am currently interviewing for a variety of positions including OB fellowships, Residency Faculty positions, and "normal" positions such as Hospitalist and out patient care. I am interested in practicing in Wyoming and/or Colorado probably both.

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Adam Hoopes, DO Casper, Wyoming

- **1.** I am from Idaho Falls, Idaho I went to medical school at the Pacific Northwest University if Health Sciences, College of Osteopathic Medicine.
- 2. I have always loved Wyoming.
- 3. Learning how to best use limited resources to practice great medicine.
- **4.** This is a great residency program and they should complete their medical training here.
- 5. I hope to work as a hospitalist at Wyoming Medical Center here in Casper.

Mark Wefel, MD Cheyenne, Wyoming

- 1. I am from Laramie, WY most recently, and was lucky enough to have been able to attend the Univ. of Washington through the WWAMI program
- **2.** Wyoming is one of the last places you can truly practice family medicine. What better place to train to work in Wyoming, than a Wyoming residency.
- **3.** The people, state, and medical community. The population is such an independent population with diverse and interesting people that it makes practicing here fun. The state is like a small town with long roads and we are generally caring for our friends and family and that makes the job even more rewarding and fulfilling and allows for close collaboration with physicians from across the state.
- **4.** It is a good place to learn the art of medicine. Some faculty have many years of experience that can not be beat. The skills learned allow a physician to be able to work in a rural location and care for their patients with confidence.
- **5.** I plan to practice and stay in the state of Wyoming as this is where I have settled and am raising my family. I could not think of a better place to live and practice.

Christopher J. Godwin Cheyenne, Wyoming

- 1. I'm from Tyler Texas and I attended TCOM for medical school
- 2. I chose Wyoming for the rural family medicine training.
- **3.** Wyoming is unique in that it's the least populated state in the whole country with a cowboy culture.
- 4. I'd tell them the above on why I picked it here.
- **5.** I'm interested in practicing in Wyoming but other states seem more interested in recruiting than Wyoming does.







Bryce Lunt Cheyenne, Wyoming

- Born in Mesa, AZ but lived everywhere because of my dad being in the air force. The longest placed I lived in was Saint George, UT. I went to medical school at the University of Sint Eustatius School of Medicine (Carribean)
- **2.** I did a sub internship here and loved the program and knew that Cheyenne was a place where my family could thrive
- **3.** The doctors I consult with on a regular basis are personable and always willing to teach.
- **4.** This program is super supportive. You work hard, learn a lot, but able to have a personal life.
- 5. Hopefully moving back to Arizona, I love the heat!

Daniel Burris, MD Casper, Wyoming

- 1. I am originally from East Texas. I attended St George's Medical school in Grenada West Indies
- **2.** I wanted to get a full spectrum, unopposed rural training in the mountain west of northwest.
- 3. Wyoming is a unique place to practice due to its isolation.
- **4.** I tell medical students that the people of the residency program are the strength of the program. It is a wonderful group of people. I also tell them that it is good for those who enjoy outdoor activities like hiking, fishing, camping and hunting.
- **5.** I plan to focus on outpatient care and possibly urgent care. Yes, I am interested in practicing in Wyoming, the mountain west, and the northwest.

Brody Reid, MD Casper, Wyoming

- **1.** I am from Illinois and I attended the American University of Caribbean School of Medicine for medical school.
- 2. The amazing outdoors and the ER track.
- **3.** The rural nature of the state.
- **4.** This residency is a great place for independent learners interested in family obstetrical care.
- 5. I will be practicing in the ER in the northwest.





