

## Kristopher C. Schamber, MD, MS, FACP

Medical Director, Primary Care  
Medical Director, Home Health & Hospice  
Sheridan Memorial Hospital

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Clinical Instructor  
University of Washington School of Medicine  
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### PERSONAL DATA

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- Legal Name: Kristopher Cody Schamber
- Born: Riverton, Wyoming
- Citizenship: USA

### EDUCATION

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- Doctor of Medicine, 2011  
University of Washington School of Medicine / Seattle, Washington
- Master of Science in Neuroscience, 2007  
University of Wyoming / Laramie, Wyoming
- Bachelor of Science in Medical Microbiology, 2005  
University of Wyoming / Laramie, Wyoming
- Associate of Science, 2003  
Western Wyoming Community College/ Rock Springs, Wyoming

### POSTGRADUATE TRAINING

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- June 2011 – June 2014: University of Washington – Boise  
Internal Medicine Residency

**FACULTY POSITIONS HELD**

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- June 2014 – June 2015: **Chief Medical Resident**  
University of Washington – Boise  
Internal Medicine Residency
- July 2019 – Present: **Clinical Instructor**  
University of Washington School of Medicine

**HOSPITAL POSITIONS HELD**

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- Jan. 2022 – Present: **Medical Director, Primary Care**  
Sheridan Memorial Hospital
- Jan. 2019 – July 2022: **Chair, Department of Medicine**  
Sheridan Memorial Hospital
- Nov. 2016 – Present: **Medical Director, Home Health & Hospice**  
Sheridan Memorial Hospital
- Nov. 2015 – March 2022: **Chair, Pharmacy & Therapeutics Committee**  
Sheridan Memorial Hospital

**CURRENT EMPLOYMENT**

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- August 2015 – Present: Staff Physician  
Hospitalist, Primary Care  
Sheridan Memorial Hospital

**HONORS**

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- Wyoming Leaders In Medicine Physician Leadership Academy participant  
Sept. 2017 – May 2018
- David Hindson Award, May 2013

- House Officer of the Week, Puget Sound VAMC, February 2013
- House Officer of the Month, Boise VAMC, September 2012
- Wyoming Medical Society Centennial Scholarship, 2009
- Graduated with Honors, Bachelor of Science, University of Wyoming, 2005

## **BOARD CERTIFICATION**

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- American Board of Internal Medicine. October 6, 2014

## **CURRENT LICENSE**

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- Wyoming. July 1, 2014

## **PROFESSIONAL ORGANIZATIONS**

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- American College of Physicians
  - July 2014: Member
  - July 2020: Fellow
- Wyoming Medical Society
  - July 2024 – Present: Immediate Past-President
  - July 2022 – June 2024: President
  - July 2021 – June 2022: Vice President
  - June 2019 – June 2021: Board Secretary & Treasurer
  - July 2017 – June 2019: Board Member, Sheridan County
  - Oct. 2016 – June 2017: Board Member Alternate, Sheridan County
  - July 2015 – Oct. 2016: Member
  - Aug. 2007 – June 2015: Member, Medical Student & Resident
- American Academy of Hospice and Palliative Medicine

## **TEACHING RESPONSIBILITIES**

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### **Present**

- July 2020 – Present **University of Washington School of Medicine**

- Clinical Instructor, Rural Underserved Opportunities Program
  - 1-2 weeks per year
- August 2015 – Present:
  - Clinical Instructor, Internal Medicine Clerkship**
  - University of Washington School of Medicine, WWAMI program
  - 3 weeks per year
- August 2015 – Dec. 2021:
  - Clinical Instructor, Internal Medicine Rural Rotation**
  - Billings Clinic Internal Medicine Residency
  - 3 weeks per year

**Past**

- July 2014 – June 2015:
  - Ambulatory Morning Report**
  - University of Washington – Boise Internal Medicine Residency
  - Developed and implemented as Chief Resident
- July 2014 – June 2015:
  - Evidence-Based Medicine Conference**
  - University of Washington – Boise Internal Medicine Residency
  - Developed and implemented as Chief Resident

**EDITORIAL RESPONSIBILITIES - NONE**

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**SPECIAL NATIONAL RESPONSIBILITIES - NONE**

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**SPECIAL LOCAL RESPONSIBILITIES**

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**Present**

- April 2021 – Present:
  - Sheridan Police Department, Civil Service Commission**
  - A three-person community commission whose purpose is to ensure that statutory rules and regulations are adhered to, and that no bias is present, when the

police department recommends promotion of an employee.

- The commission will also participate in disciplinary hearings
- Chair, August 2023

- Sept. 2019 – March 2020:

#### **Sheridan Community Care Team**

- A multidisciplinary care team of community members developed to identify and connect at-risk community members with needed services.
- Founding and current member
- The Hub on Smith, Sheridan, Wyoming

- March 2019 – Present:

#### **Doc Talk**

- A local community education series at The Hub (local senior center)
- Developed series and present lectures quarterly
- The Hub on Smith, Sheridan, Wyoming

- May 2018 – Present:

#### **Participation in Lean quality improvement initiatives**

Sheridan Memorial Hospital, Sheridan, Wyoming

- Oct. 2016 – April 2020:

#### **Dementia Friendly Communities – Wyoming**

- A three-years long community wide effort aimed at educating the community, coordinating services for patients and family members, developing special programs, and improving medical community awareness and dementia care
- Medical Liaison
- The Hub on Smith, Sheridan, Wyoming

- June 2016 – June 2022:

#### **Sheridan Health Center**

- A local underserved medical clinic
- Medical Director and Board Member
- Sheridan, Wyoming

#### **Past**

- Sept. 2013 – June 2015:

#### **Curriculum Committee member**

- Resident Representative to the Boise Veterans Affairs Center of Excellence in Primary Care Education

- July 2011 – June 2015: **Curriculum Committee member**
  - UW Boise Internal Medicine Residency
- July 2011 – June 2015: **Recruitment Committee member**
  - UW Boise Internal Medicine Residency
- Sept. 2011 – June 2014: **Terry Reilly Health Service**
  - Volunteer clinician as a supervised resident
- July 2011 – June 2014: **Resident Representative to the Idaho Chapter of the ACP**
- Aug. 2007 – May 2008: **Medical Student Representative to the Wyoming Medical Society**
- June 2005 – May 2007: **UW Graduate representative to the Front Range Neuroscience Group**
- June 2006 – June 2007: **President**
  - UW Neuroscience/Physiology Club
- Sept. 2005 – May 2007: **Volunteer Big Brother**
  - Big Brothers Big Sisters of Wyoming
- June 2005 – June 2006: **Vice President**
  - UW Neuroscience/Physiology Club
- Aug. 2004 – May 2005: **Undergraduate NSF- EPSCoR Research Fellowship**
  - University of Wyoming
- Aug. 2004 – May 2005: **UW Undergraduate representative to the Front Range Neuroscience Group**

**RESEARCH FUNDING - NONE**

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**BIBLIOGRAPHY**

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a) Publications in referenced journals - None

- b) Book chapters - None
- c) Published books, videos, software, etc. - None
- d) Other publications - None
- e) Submitted Manuscripts
  - a. Schamber, K. THESIS: Tachykinin NK3R protein levels in the PVN of rats following an osmotic challenge. May 2011. Advisors: Bruce W. Culver & Francis W. Flynn.
- f) Abstracts - None

### ACP Activities

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- Wyoming Chapter Meeting, September 2023, Laramie, Wyoming
- Wyoming Chapter Meeting, October 2022, Laramie, Wyoming
- Wyoming Chapter Meeting, October 2018, Laramie, Wyoming
- ACP Annual Conference, March 2017, San Diego, California

### OTHER: LECTURES, PRESENTATIONS, NEWSPAPER ARTICLES

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#### Recent

- *Newspaper Article*. Schamber K. Primary care, pediatrics work to ensure access in Sheridan County. Health Watch, The Sheridan Press. Sheridan, Wyoming. 12 April 2025.
- *Radio Interview*. Fields R and Schamber K. Driver Risk Assessment. Public Pulse, KROE. 30 September 2024.
- *Forum, Moderator*. Chairman Zwonitzer, Representative Crago, Bush S, Schamber K. Politics, Policy & the Impact on Wyoming Healthcare Delivery – Legislative Roundtable Discussion. Wyoming Medical Society Annual Meeting. Laramie, Wyoming. 16 September 2023.
- *Newspaper Article*. Schamber K. Respiratory Disease. Health Watch, The Sheridan Press. Sheridan, Wyoming. 11 September 2023.
- *Community Lecture*. Schamber K. Respiratory Disease. Doc Talk, The Hub on Smith. Sheridan, Wyoming. 23 August 2023.
- *Keynote Address*. White Coat Presentation and Clinical Transition Ceremony. University of Washington School of Medicine, Wyoming WWAMI; Laramie, Wyoming. 10 March 2023, 6pm.

- *Newspaper Article.* Schamber K. Gut Health. Health Watch, The Sheridan Press. Sheridan, Wyoming. 11 February 2023
- *Community Lecture.* Schamber K. Gut Health. Doc Talk, The Hub on Smith. Sheridan, Wyoming. 2 February 2023
- *Forum, Moderator.* Hoffman M, Burlingame S, Pouliot S, Schamber K. A Policy Conversation – Gender Diversity and Clinical Care. Wyoming Medical Society Annual Meeting. Laramie, Wyoming. 29 October 2022
- *Magazine Article.* Schamber K. Primary Care Perspectives. Wyoming Medicine. Cheyenne, Wyoming. February 2022
- *Forum.* Schamber K, McCafferty M, Burrton A, Fjeseth B, McGaugh M, and Hannes J. The Business of Health. Wyoming Business Alliance, board meeting. Buffalo, Wyoming. 26 May 2022
- *Community Lecture.* Schamber K. Urinary Tract Health. Doc Talk, The Hub on Smith. Sheridan, Wyoming. 27 April 2022
- *Webinar.* Schamber K, Porter L, Thornell T, Day H, Boley E. The Business of Health. Wyoming Business Alliance. 22 April 2022
- *Newspaper Article.* Schamber K, Baker C. Depression. Guest Column, The Sheridan Press. Sheridan, Wyoming. 13 December 2021
- *Community Lecture.* Schamber K. Healthy Aging. Doc Talk, The Hub on Smith. Sheridan, Wyoming. 27 October 2021
- *Conference Lecture.* Schamber K. Dementia Update. ACP Wyoming Chapter 2021 Scientific Meeting. Laramie, Wyoming. 15 June 2021
- *Community Lecture.* Schamber K. Hypertension. Doc Talk, The Hub on Smith. Sheridan, Wyoming. 15 June 2021
- *Community Lecture (via Zoom).* Schamber K. Paying Attention To The Three D's: Delirium, Dehydration, and Depression. Doc Talk, The Hub on Smith via Zoom. Sheridan, Wyoming. 23 April 2021
- *Community Lecture.* Schamber K. COVID-19 Updates. Doc Talk, The Hub on Smith via Zoom. Sheridan, Wyoming. 16 March 2021
- *Community Lecture.* Schamber K. Diabetes Mellitus. Doc Talk, The Hub on Smith. Sheridan, Wyoming. 21 January 2021



- *YouTube Educational Video.* Schamber K. Fall No More: What you need to know about decreasing your risk for falling. 22 October 2020  
<https://www.youtube.com/watch?v=yO13k1wP-kI&t=4s>
- *Newspaper Article.* Schamber K, Aksamit M. Healthcare by Video. Guest Column, The Sheridan Press. Sheridan, Wyoming. 18 May 2020
- AARP Tele Town Hall. Schamber K and Gross S. COVID19 Q&A. 14 May 2020
- *Newspaper Article.* Schamber K. It's Okay To Call Your Doctor. Health Watch, The Sheridan Press. Sheridan, Wyoming. 20 January 2020
- *Community Lecture.* Schamber K and Prior C. It's Okay To Call Your Doctor. Doc Talk, The Hub on Smith. Sheridan, Wyoming. 16 January 2020
- *Newspaper Article.* Schamber K. Transitioning into a New Home. Health Watch, The Sheridan Press. Sheridan, Wyoming. 28 October 2019
- *Community Lecture.* Schamber K. Transitions of Care: Hospice, Nursing Home, and others. Doc Talk, The Hub on Smith. Sheridan, Wyoming. 23 September 2019
- *Community Lecture.* Schamber K and Sherwood, C. Advanced Care Planning. Doc Talk, The Hub on Smith. Sheridan, Wyoming. 26 June 2019
- *Newspaper Article.* Schamber K. Make the Most of Your Visit. Health Watch, The Sheridan Press. Sheridan, Wyoming. 6 April 2019
- *Community Lecture.* Schamber K. Preparing for Your Office Visit. Doc Talk, The Hub on Smith. Sheridan, Wyoming. 27 March 2019
- *Newspaper Article.* Schamber K. What Is Hospice Care? Health Watch, The Sheridan Press. Sheridan, Wyoming. 24 June 2017
- *Conference Lecture.* Schamber K. Acute Liver Failure. Wyoming Association of Physicians Assistants Annual Meeting. Sheridan, Wyoming. 15 July 2016
- *Grand Rounds.* Schamber K. Pesky Pascal. Sheridan Memorial Hospital. Sheridan, Wyoming. 29 June 2016
- *Newspaper Article.* Schamber K. Understanding Dementia. Health Watch, The Sheridan Press. Sheridan, Wyoming. 20 February 2016

**Past**

- *Medical Student Lecture.* Schamber K. HIV & AIDS. University of Washington, Internal Medicine Clerkship. Boise, Idaho. 25 February 2015
- *Conference Lecture.* Powers B, Schamber K. Update in Ambulatory Medicine. 39<sup>th</sup> Annual Hindson Winter Conference. McCall, Idaho. 16 January 2015
- *Resident Lecture.* Schamber K. Acute Liver Failure. Noon Conference, UW-Boise Internal Medicine Residency. Boise, Idaho. 6 January 2015
- *Resident Lecture.* Schamber K. Acute Liver Failure. Noon Conference, UW-Boise Internal Medicine Residency. Boise, Idaho. 20 October 2014
- *Medical Student Lecture.* Schamber K. HIV & AIDS. University of Washington, Internal Medicine Clerkship. Boise, Idaho. 12 August 2014
- *Resident Lecture.* Schamber K. Bug Off! A discussion on sweet tick-borne infections. Noon Conference, UW-Boise Internal Medicine Residency. Boise, Idaho. 17 June 2014
- *Resident Lecture.* Schamber K. Chronic Kidney Disease. Noon Conference, UW-Boise Internal Medicine Residency. Boise, Idaho. 7 July 2013
- *Grand Rounds Presentation.* Orchard D, Schamber K, Thirumalai A. Readmission Rates at the Boise Veterans Affairs Medical Center, A Descriptive Study and Application of a Risk Calculator. Grand Rounds, UW-Boise Internal Medicine Residency. Boise, Idaho. 20 June 2013
- *Oral Presentation.* Schamber K. Use of Azithromycin and Death from Cardiovascular Causes. Noon Conference (Journal Club), UW-Boise Internal Medicine Residency. Boise, Idaho. 7 June 2013
- *Poster Presentation.* Schamber K. A Rare Pulmonary Disease Presenting with Severe Neck Pain. Northwest SGIM Regional Meeting. Portland, Oregon. 1 February 2013
- *Poster Presentation.* Schamber K. Vasculitis – A Deadly Case of Multi-Organ Failure. Northwest SGIM Regional Meeting. Portland, Oregon. 1 February 2013
- *Conference Presentation.* Schamber K. An Unusual Pain in the Neck. 36<sup>th</sup> Annual Hindson Winter Conference. McCall, Idaho. 19 January 2013

- *Poster Presentation.* Schamber K. Vasculitis – A Deadly Case of Multi-Organ Failure. 36<sup>th</sup> Annual Hindson Winter Conference & Annual Idaho ACP Meeting. McCall, Idaho. 18 January 2013
- *Resident Lecture.* Schamber K. Acute Liver Failure. Noon Conference, UW-Boise Internal Medicine Residency. Boise, Idaho. 19 July 2012
- *Grand Rounds Presentation.* Schamber K, Orchard D, Thirumalai A. Does Adhering To Recommended Follow-up After Hospitalization Influence Readmission or ED Visits Among Boise VA Patients? Grand Rounds, UW-Boise Internal Medicine Residency. Boise, Idaho. 24 May 2012
- *Resident Lecture.* Schamber K. AKI: Pre-renal azotemia, ATN, AIN, or something else. Noon Conference, UW-Boise Internal Medicine Residency. Boise, Idaho. 9 January 2012
- *Poster Presentation.* Schamber K, Lang A, Flynn F. Neurokinin B transcript in the paraventricular nucleus of the hypothalamus is modulated by hyperosmolarity in rats. Society for Neuroscience Annual Conference. Atlanta, Georgia. 12-16 October 2006
- *Oral Presentation.* Schamber K. Localization of Neurokinin B in the Rat Brain. Undergraduate Research Day. Laramie, Wyoming. 23 April 2005
- *Poster Presentation.* Schamber K, Lang A, Flynn F. Neurokinin B transcript in the paraventricular nucleus of the hypothalamus is modulated by hyperosmolarity in rats. Front Range Neuroscience Group Annual Meeting. Fort Collins, Colorado. 7 December 2005.
- *Poster Presentation.* Schamber K, Lang, A, Flynn F. Neurokinin B transcript in the paraventricular nucleus of the hypothalamus is modulated by hyperosmolarity in rats. Society for Neuroscience Annual Conference. Washington D.C. 16 November 2005.
- *Poster Presentation.* Schamber K, Lang A, Flynn F. Localization of Neurokinin B in the Paraventricular Nucleus of the Hypothalamus. Front Range Neuroscience Group Annual Meeting. 30 November 2004.